

Food Pantry

Wish List

HIGHLIGHTED ITEMS ARE CURRENTLY IN THE **MOST NEED**

Healthy Options - Sodium-free/Low sodium and Sugar-free/Low sugar products

▼ Grains

Cold cereals

Rice (instant, microwavable pouches)

Boxed pasta (angel hair, quick cook)

Instant oatmeal and hot cereal

Pancake mix (instant)

Granola bars

▼ Vegetables

Pasta sauce (all types)

Potatoes (instant mashed, canned)

Canned tomato (paste, stewed, diced)

Canned vegetables (all types)

▼ Dairy

Shelf staple milk (Shop-rite individual packages, boxed)

Instant breakfast drinks

Shelf staple cheese

▼ Protein Foods

Canned chicken

Canned meat (SPAM, ham, Vienna sausage)

Beef stew

Peanut butter

Canned fish (tuna, sardines)

Canned chili

Canned beans (all types)

Chef Boyardee (all types)

▼ Fruits

Fruit juice (100% juice)

Jelly, jam, and preserves

Apple sauce

Canned fruit

▼ Other

Cooking oils

Condiments

Coffee, tea

Healthy snacks (nuts, popcorn)

▼ Frozen Foods

Hot Dogs (8-10 count)

Hamburgers

Chicken Stripes/Nuggets

▼ Soups, Sauces

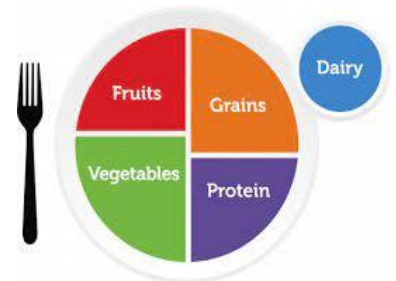
Gravies

Progresso or Chunky soups (all types)

Broth (chicken and beef)

Gravy (turkey, chicken, and beef)

**PLEASE CHECK
EXPIRATION
DATES**



thank you!



Montville Kiwanis Food Pantry

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Open: Thursdays 4PM-6PM and Saturdays 10AM-12Noon

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